



**PACIFIC GROVE**  
HOSPITAL

### Inpatient Psychiatric Care

At Pacific Grove Hospital, our inpatient psychiatric services provide 24/7 support in a safe, structured environment. This program is an ideal healing setting for those who are experiencing an acute psychiatric concern due to mental illness and/or chemical dependence.

### Who We Serve

Pacific Grove is pleased to welcome adults age 18 and older into our inpatient psychiatric treatment program. Using a whole-person approach, our expert staff delivers customized care to each patient who heals with us.

Our clinic offers a compassionate and effective treatment program for serious conditions such as suicidal depression, bipolar disorder, and psychosis. Our staff is especially skilled at treating dual diagnosis concerns, treatment-resistant depression, rapid cycling mood challenges, mixed bipolar disorder, and severe anxiety conditions such as posttraumatic stress disorder (PTSD).

**(844) 808-0872**

5900 Brockton Ave | Riverside, CA 92506

[www.pacificgrovehospital.com](http://www.pacificgrovehospital.com)



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## Our Campus

Our clinic is located on a private hospital campus that treats voluntary patients who are motivated to partner with our staff as they work to restore healthy functioning. Our campus also has a secure area for acute patients who may need a higher level of care. Our treatment approach is designed to address all facets of a patient's healing, rather than just focusing on the symptoms. With the support of our experienced treatment team, patients learn to foster healthy coping tools, and enhance their ability to manage their illness and their life as a whole.



## What We Treat

Pacific Grove is equipped to treat a wide range of mental health concerns, including:

- Anxiety disorders
- Personality disorders
- Depression (chronic or acute)
- Bipolar disorders
- Impulsive behaviors (e.g., increased spending and relationship issues)
- Grief and loss

## Healing the Whole Person

At Pacific Grove, our goal is to treat the whole person – mind, body, and spirit – not just the disease. Our inpatient psychiatric treatment program recognizes, values, and celebrates the importance of the individual.

We are committed to honoring the uniqueness of each patient's path, and to bringing awareness and sensitivity to the healing process. With help from our staff, patients explore the inner workings of their minds and bodies and learn tools to raise awareness and respond in healthy ways.

## Contact Us Today

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## Healing for Mind, Body, & Spirit

In each step of the treatment process, our goal is to provide opportunities for our patients to hone supportive tools for living a balanced life. The staff at Pacific Grove views the integrity of the human spirit as an essential and critical contributor to overall health and recovery. Therefore, we seek to uncover patient-directed avenues for exploring the spiritual aspects of lifelong recovery.

### Learn More

If you would like more information about the inpatient psychiatric care program at Pacific Grove Hospital, we urge you to contact us at your earliest convenience. Our staff is always available to answer your questions or to provide more details about receiving care at our hospital.