



Program Highlights

- Serving adult men and women (age 18+)
- Personalized treatment plans for all patients
- Multiple forms of therapy and related services
- Vibrant family support programming



PACIFIC GROVE
HOSPITAL

*Personalized care, provided
with dignity and respect*

About Pacific Grove Hospital

Pacific Grove Hospital is a 68-bed treatment center in Riverside, California. We provide comprehensive services at the inpatient, partial hospitalization, and intensive outpatient levels for adults who have been struggling with substance abuse, chemical dependency, and mental illness. We also offer outpatient treatment for adolescents whose lives have been impacted by addiction and mental health concerns.

Personalized Care, Comprehensive Support

When you choose the Pacific Grove inpatient chemical dependency treatment program, you will work with a team of experienced professionals who are committed to providing you with the focused care you need to live a healthier and more hopeful life.

At Pacific Grove Hospital, we understand that addiction impacts each person in a unique way. To be most effective, we believe that treatment should also be a similarly personalized experience. Following your thorough admissions assessment, your treatment team will select from a wide array of services to craft the customized treatment plan that's perfect for you.

Throughout your time with us, your team will continue to monitor your progress and, when necessary, modify your treatment plan. As you prepare to transition out of our inpatient chemical dependency program, we'll provide you with a detailed discharge plan to guide the next phases of your recovery journey.

Don't Let Addiction Rob You of One More Day

*Get the help you need to
live the life you deserve.*

The Care You Deserve

- Comprehensive admissions assessment
- Multidisciplinary teams of experienced professionals
- Full continuum of care to best meet your needs
- Detailed discharge plans for continued success

Inpatient Chemical Dependency Program

844-808-0872

5900 Brockton Ave, Riverside CA 92506

www.PacificGroveHospital.com



Your path to a
happier and
more hopeful
tomorrow starts
at Pacific Grove.



Types of Therapy

Inpatient chemical dependency treatment at Pacific Grove includes the following types of therapy:

Individual Therapy: One-on-one sessions with an experienced counselor are excellent opportunities to address important matters and receive focused feedback.

Group Therapy: Educational and process groups help you develop the skills and strategies that will support successful long-term recovery.

Family Therapy: Loved ones can work together with an experienced professional to heal rifts in relationships and learn how to best support one another during and after your time in treatment.

Experiential Therapy: Art, yoga, ceramics, and other activities allow you to express your emotions in a healthy and productive manner.

Additional Services

In addition to therapy, our inpatient chemical dependency program also features the following services:

Detoxification: Detox enables you to rid your body of addictive substances with maximum safety and minimal discomfort while under the constant supervision of experienced professionals.

Medication Management: You may benefit from certain prescription medications to ease symptoms of withdrawal or co-occurring mental health challenges.

Discharge Planning: You'll receive a detailed discharge plan prior to your transition out of treatment. This plan will identify the resources and other support services that will enable you to maintain and build upon the progress that you made while in our care.

Benefits of Inpatient Chemical Dependency Treatment

The following are among the many reasons why the Pacific Grove inpatient chemical dependency program may be the ideal healing environment for you:

- Personalized care customized to your specific needs
- Detailed assessment to identify all issues that may have contributed to or been impacted by your addiction
- Round-the-clock monitoring and supervision
- Comprehensive support for co-occurring mental health challenges
- Ability to step away from the stresses and distractions of everyday life so you can focus on your health
- Introduction to the 12-Step Recovery Model and alternative support systems

Learn More

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