Personalized Care

Pacific Grove Hospital is a 68-bed behavioral health hospital serving individuals throughout Southern California. Our highly trained staff provides treatment for patients struggling with acute psychiatric, trauma, substance use, and co-occurring issues. We offer inpatient, partial hospitalization, and intensive outpatient programs designed to meet the unique needs of our patients.

Located on a serene 4.5 acre campus, Pacific Grove Hospital features private courtyards, patient lounges, and a caring, attentive staff — creating a relaxing environment that promotes healing and recovery.

Pacific Grove Hospital is fully accredited by The Joint Commission for our commitment to quality care.

Most insurances are accepted. For more information, please contact us at (800) 992-0901.

The treatment I received at Pacific Grove Hospital taught me the coping skills I needed to deal with difficult situations in my life. I am a happier person now and I will be forever grateful.

~ Alum

5900 Brockton Ave.
Riverside, CA 92506
Admissions: 951-779-7828
Admissions Fax: 951-275-8402
(800) 992-0901
www.PacificGroveHospital.com
Inpatient Psychiatric Treatment for Adults

Inpatient psychiatric treatment is provided to stabilize an immediate crisis and provide the skills to prevent future crisis situations.

Our highly trained staff treats patients facing issues such as:

- Major depression — insomnia, fatigue, loss of appetite
- Severe anxiety — irritability, anger
- Bipolar and manic disorders
- Impulse behaviors disorders
- Grief and loss management
- Unusual thought disorders

Trauma Exposed Professionals Program

Due to the increasing data on the effects of trauma impacting those who serve our country and our communities, Pacific Grove Hospital offers a Trauma Exposed Professionals Program. Treatment is delivered through an evidenced-based, best practice approach that helps military, police officers, firemen, first responders, healthcare workers, and other community providers become empowered, strong and able to successfully deal with life’s challenges.

The Trauma Exposed Professionals Program provides treatment for individuals who may be experiencing some of the following symptoms:

- Flashbacks, nightmares, sleep disruptions
- Anxiety, panic
- Hypervigilance
- Combat related trauma
- Post-traumatic stress
- Anger, resentment, rage
- Depression
- Hopelessness
- Guilt and grief
- Sexual trauma
- Suicidal ideation

Outpatient Programs

In addition to our inpatient services, Pacific Grove offers a range of outpatient programs to help individuals get the care and support they need to succeed in their everyday lives. The Partial Hospitalization Program meets Monday through Friday and the Intensive Outpatient Program meets three (3) half-days per week.

Both programs offer three tracks:

- Psychiatric treatment
- Substance use treatment
- Dual treatment for both substance use and mental health

Substance Use Treatment

Alcoholism and drug addiction are debilitating disorders affecting the body, mind and spirit. Pacific Grove Hospital provides comprehensive addiction treatment, including 24-hour acute care and crisis stabilization, to help individuals overcome dependence on alcohol, prescription pain medications, and controlled substances such as amphetamines, barbiturates, cocaine, and opiates.

Our substance use treatment services include:

- Medically managed alcohol and drug detoxification
- 12-step recovery and continuing care programs
- Individual, family and group counseling services
- Inpatient and intensive outpatient rehabilitation
- Partial Hospitalization
- Dual treatment for both substance use and mental health
- Relapse Prevention
- Family Program
- Graduation ceremony with coin-in and certificate